



The 7 Levels of Personal, Group and Organizational Effectiveness

7. Synchronicity—working from a true understanding that what is *within* creates what is outside; focus on creating a positive experience for all; the ability to see the gift and possibility in anything. The realm of “magical coincidence.”

6. Innovation—the ability to set aside ego, personal agendas and perceived restrictions and explore possibilities from all angles; questing for, seeking, and focusing on the most effective solution to the problem or goal.

5. Engagement—the desire to bring value, to be a contributor; basic enjoyment of the enterprise; focus on assets and strengths rather than limitations and detriments.

4. Courage—the willingness to take a stand against previously held negative or disempowering beliefs and actions, trusting in the possibility of a positive future (often despite current evidence that a positive future is not likely or predictable).

3. Frustration—the focus on fighting and jockeying for position against (not with) others; the feeling that the external world (both people and circumstances) must be resisted.

2. Fear—the belief that one must protect against almost certain loss, attack or disappointment.

1. Hopelessness—the fundamental inability to see or work towards a positive future.