



## Setting Up an OT Service Learning Relationship

1) Determine your program's needs and goals:

a.

b.

c.

2) Explore potential partners

a.

b.

c.

3) Identify benefits and goals for partners

a.

b.

c.

4) Think about sustainability!

5) Work out the logistics with your partners

\*Remember the importance of clear expectations and timely communication!

# What is Occupational Therapy?

Occupational therapists work with people across the lifespan to participate in everyday activities such as dressing, feeding, school, play, work, home care, community mobility, etc. We work with people experiencing physical, cognitive, mental, and social disabilities. We work in schools, homes, workplaces, hospitals, clinics, and community based organizations.

## What does occupational therapy have to do with refugee and immigrant groups?

Refugees and immigrants most often have to re-learn how to do many everyday activities such as grocery shopping, cooking, community mobility, adjusting to changes in the weather, learning new rhythms of life, new norms, new rules, etc. Occupational therapists appreciate the stress and challenges caused by these significant shifts in everyday activities. Through groups and active learning activities, occupational therapists can support people transition to life in MN.